

The background of the entire slide is a repeating grid of a photograph of the Thomas Adewumi University building. The building is a large, multi-story structure with a central entrance, orange-tiled roof, and purple accents on the windows and doors. It is surrounded by green trees and a clear sky.

THOMAS ADEWUMI **UNIVERSITY**

Human Management & Emotional Intelligence

Presented by:
Professor Adeniyi Temitope Adetunji







NO NO Lecturer



**TEACHER
DON'T
TEACH
ME**



NONSENSE!

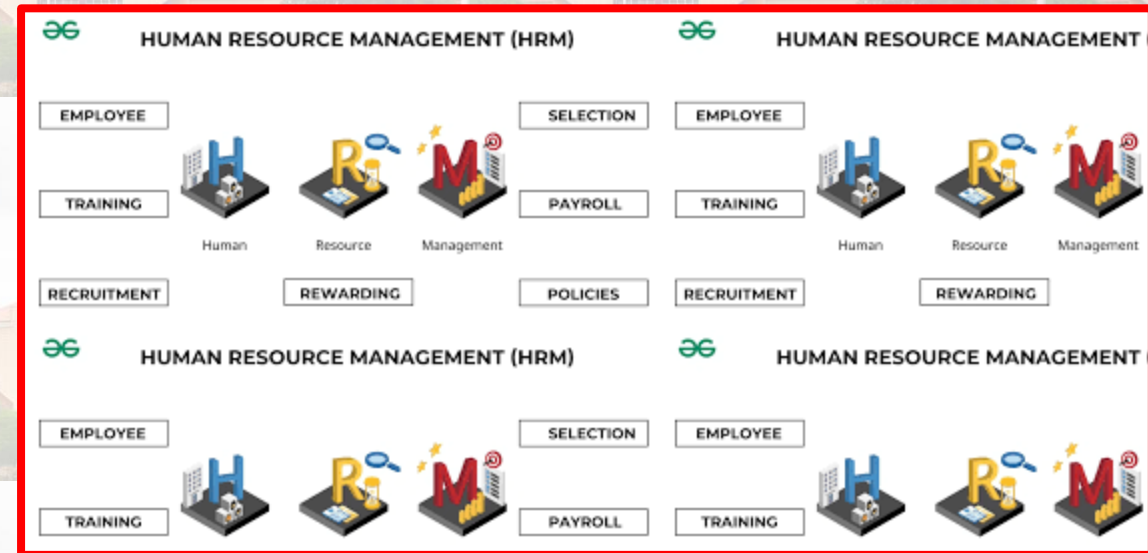
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INTRODUCTION

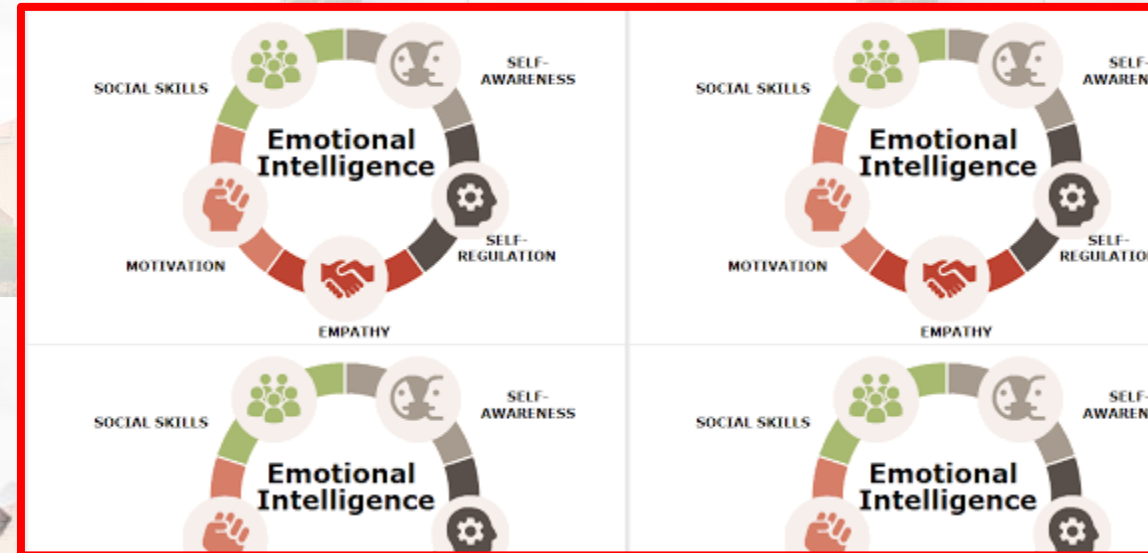
What is Human Management?

- ❖ Effective management of people within an organization.
- ❖ Focus on optimizing performance and ensuring well-being.



What is Emotional Intelligence (EI)?

- ❖ The ability to recognize, understand, and manage our own emotions.
- ❖ The capacity to understand and influence the emotions of others.



HUMAN MANAGEMENT

Human Resource Management (HRM) involves coordinating, managing, and allocating human capital, or employees, in ways that move an organization's goals forward. HRM focuses on investing in employees, ensuring their safety, and managing all aspects of staffing from hiring to compensation and development.

The Importance of Human Management

HR management helps bridge the gap between employees' performance and the organisation's strategic objectives. It also;

- ❖ Ensures efficient communication, motivation, and development.
- ❖ Reduces conflict and improves workplace harmony.

Key Components of Emotional Intelligence

- ❖ **Self-awareness:** Understanding one's emotions and their impact.
- ❖ **Self-regulation:** Managing emotions and impulses effectively.
- ❖ **Motivation:** Internal drive to achieve goals with optimism.
- ❖ **Empathy:** Recognizing and considering others' feelings.
- ❖ **Social skills:** Managing relationships and building networks.

HUMAN MANAGEMENT

Emotional Intelligence in Human Management

- ❖ Enhances decision-making by incorporating emotional awareness.
- ❖ Improves leadership by fostering stronger relationships and trust.
- ❖ Boosts team performance through empathy and conflict resolution.

The Role of EI in Leadership

EI-driven leaders are:

- ❖ Better communicators.
- ❖ More adaptable and resilient.
- ❖ Skilled at conflict management and building team morale.

Benefits of Emotional Intelligence in the Workplace

- ❖ Improved communication: Better understanding and clarity.
- ❖ Increased collaboration: Enhanced teamwork and cooperation.
- ❖ Higher productivity: Motivated and engaged employees.
- ❖ Lower stress levels: Healthy emotional management.



HUMAN MANAGEMENT

Encourage self-awareness: Regular feedback and reflection.

Promote empathy: Active listening and team-building exercises.

Develop conflict resolution skills: Role-playing and mediation.



Challenges in implementing EI

- Resistance to change.
- Underestimating the value of emotions in decision-making.
- Difficulty in measuring emotional intelligence.

Conclusion

- Emotional Intelligence is a critical tool for effective human management.
- It creates a positive work environment, drives productivity, and fosters better leadership.
- Leaders with high EI are pivotal in the success of any organization.

